

CAREER SOLUTIONS, INC. CONTINUING EDUCATION PROGRAM



Winter/Spring Session 2012
OLLIE WEBB CENTER, INC.

Check Out Our Winter/Spring Classes!

There were many changes in our Continuing Education program during 2011. In addition to a new class ratio of 3:1 students per teacher, we also hired several new teachers to assist in our ongoing efforts to help students develop their sense of vocational and independent living success within our community. As always we continue to do so through academic means, a dynamic that we strive to make uniquely ours in Omaha and its surrounding communities. We view our program as a post-secondary educational opportunity for students with special needs, and we believe it is working!

The wide range of subjects and varying ability levels we aim to serve make our program unique. The talents and diverse backgrounds of the teachers contribute to our program's success. In 2012 we plan to continue our efforts to provide new class offerings, some of which include subjects related to choir, women's health issues, film appreciation and even a new theater class, in addition to some of the traditional offerings such as conflict management and access to the community.

We continue to serve students from the school districts in the surrounding area such as Elkhorn, Bellevue and OPS in addition to students who come to us by way of Health and Human Services and families that pay privately for the adult sons and daughters to attend our program. It makes for a profoundly diverse array of a student and teacher body, one that helps all who participate in our program to appreciate the learning and inspiration that comes with academic pursuits in a community that flourishes with so much diversity and opportunity.

Winter/Spring Session: January 3 - May 25, 2012

Please check out all of our class offerings for the winter/spring session which run from Tuesday, January 3 through Friday, May 25. The daytime schedule is posted on pages 2 & 3 followed by detailed descriptions for

each class. If there is an asterisk next to the class, it means it is offered more than once. Please contact Mike Loftus with any questions, or Jackie Lamoureux to enroll.

**Registration deadline is
Friday, December 16,
but call early as classes
fill up quickly!**

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Evening Mini Course: Collage

Instructor: Dena Launderville

Wednesday's April 4, 11, 18 & 25

6:00 PM to 7:30 PM

Ollie Webb Center, Inc.

1941 South 42nd Street

A mini course of our successful day classes. Collage is a technique of composing works of art by pasting on one surface numerous materials to create a one-of-a-kind art work.

Monday/Wednesday/Friday

Period 1 - 9:15 am - 10:30 am

Room #	Class	Description on Page:	Category	Teacher
1	* Film History	4	Art of Imagination	Janssen, Mindy
3	Basic Pencil Drawing	4	Art of Imagination	Launderville, Dena
3	Basic Pencil Drawing	4	Art of Imagination	Johnson, Megan
7	Career Management	5	Career Planning	Howard, Candace
OS	Physical Education (Periods 1 & 2)	6	Personal Growth & Development	Witt, Hannah
OS	Physical Education (Periods 1 & 2)	6	Personal Growth & Development	Mitchell, Erin
2	* High Interest Non-Fiction Reading	7	Reading	Laundry, Paul
6	Daily Reading	7	Reading	Spees, Eric
4	* Daily Chemistry	7	Science	Luk, Isaac
5	Independent Study		Personal Study Goals	Kolnick, Robbi

Period 2 - 10:45 am - 12:00 pm

Room #	Class	Description on Page:	Category	Teacher
3	* Music Appreciation	4	Art of Imagination	Kolnick, Robbi
1	Expressions	5	Communication/Language Arts	Rogers, JaShawn
1	Expressions	5	Communication/Language Arts	Johnson, Megan
4	Healthy Cooking	5	Independent Living Skills	Janssen, Mindy
4	Healthy Cooking	5	Independent Living Skills	Laundry, Paul
7	* Circle I & II	6	Personal Growth & Development	Howard, Candace
OS	Physical Education (Continued)	6	Personal Growth & Development	Witt, Hannah
OS	Physical Education (Continued)	6	Personal Growth & Development	Mitchell, Erin
6	Daily Geography	7	Social Studies	Luk, Isaac
5	Independent Study		Personal Study Goals	Spees, Eric

Period 3 - 1:15 pm - 2:30 pm

Room #	Class	Description on Page:	Category	Teacher
OS	* Chorus	4	Art of Imagination	Janssen, Mindy
OS	Chorus	4	Art of Imagination	Kolnick, Robbi
OS	Playwrighting	4	Art of Imagination	Hoggatt, Jim
2	Budgeting	5	Independent Living Skills	Laundry, Paul
6	Community Access	5	Independent Living Skills	Loftus, Mike
1	Social Skills for Real Life	6	Personal Growth & Development	Rogers, JaShawn
3	Nutrition	6	Personal Growth & Development	Witt, Hannah
4	Hands on Science	7	Science	Luk, Isaac
5	Independent Study		Personal Study Goals	Howard, Candace

Period 4 - 2:45 pm - 4:00 pm

Room #	Class	Description on Page:	Category	Teacher
3	Collage	4	Art of Imagination	Launderville, Dena
6	Women's Health	7	Personal Growth & Development	Janssen, Mindy
6	Women's Health	7	Personal Growth & Development	Witt, Hannah
4	Anger Management	6	Personal Growth & Development	Loftus, Mike
1	Pop Culture	7	Social Studies	Kolnick, Robbi
1	Pop Culture	7	Social Studies	Spees, Eric
2	* Culture & Society	7	Social Studies	Luk, Isaac
5	Independent Study		Personal Study Goals	Laundry, Paul

Tuesday/Thursday

Period 1 - 9:15 am - 10:30 am

Room #	Class	Description on Page:	Category	Teacher
2	Art Studio	4	Art of Imagination	Anderson, Annie
3	Mixed Media	4	Art of Imagination	Launderville, Dena
4	Job Smarts	5	Career Planning	Laundry, Paul
7	* Circle I & II	6	Personal Growth & Development	Howard, Candace
7	Circle I & II	6	Personal Growth & Development	Witt, Hannah
1	Celebrating Reading	7	Reading	Simpson, Mike
6	Daily Reading	7	Reading	Spees, Eric
5	Independent Study		Personal Study Goals	Kolnick, Robbi

Period 2 - 10:45 am - 12:00 pm

Room #	Class	Description on Page:	Category	Teacher
OS	* Chorus	4	Art of Imagination	Kolnick, Robbi
OS	Chorus	4	Art of Imagination	Laundry, Paul
2	Fun with Math	5	Math	Luk, Isaac
1	Positively	6	Personal Growth & Development	Witt, Hannah
1	Positively	6	Personal Growth & Development	Simpson, Mike
3	Social Skills for Real Life	6	Personal Growth & Development	Howard, Candace
6	Book Club	7	Reading	Rogers, JaShawn
6	Book Club	7	Reading	Spees, Eric
5	Independent Study		Personal Study Goals	Loftus, Mike

Period 3 - 1:15 pm - 2:30 pm

Room #	Class	Description on Page:	Category	Teacher
1	* Film History	4	Art of Imagination	Anderson, Annie
7	Mystery Theater	4	Art of Imagination	Launderville, Dena
7	Mystery Theater	4	Art of Imagination	Simpson, Mike
4	Beginning Cooking	5	Independent Living Skills	Laundry, Paul
4	Beginning Cooking	5	Independent Living Skills	TBA
2	Critical Thinking	6	Personal Growth & Development	Rogers, JaShawn
OS	Social Networking Safety	6	Personal Growth & Development	Witt, Hannah
6	* Culture & Society	7	Social Studies	Luk, Isaac
6	Culture & Society	7	Social Studies	Spees, Eric
5	Independent Study		Personal Study Goals	Howard, Candace

Period 4 - 2:45 pm - 4:00 pm

Room #	Class	Description on Page:	Category	Teacher
6	* Music Appreciation	4	Art of Imagination	Kolnick, Robbi
1	Career Exploration	5	Career Planning	Laundry, Paul
7	Fun with Math	6	Math	Simpson, Mike
2	* High Interest Non-Fiction Reading	7	Reading	Howard, Candace
2	High Interest Non-Fiction Reading	7	Reading	Spees, Eric
4	* Daily Chemistry	7	Science	Luk, Isaac
5	Independent Study		Personal Study Goals	Loftus, Mike



The Art of Imagination

Art Studio

In addition to our eclectic mix of classes and workshops, The Art of Imagination is also a place for students to bring their own original ideas to life. Art Studio is time for our students to work independently on their personal on-going projects with assistance from The Art of Imagination staff.

Basic Pencil Drawing

Even Leonardo Da Vinci had to start somewhere! Come join Omaha's best kept sketching secret, artist Dena Launderville, and learn to define and divide space on the page, sketch shapes, faces, and scenes. Even learn a little about perspective.

Chorus

The goal of this class is to provide students with opportunities to learn about music; its development, construction and expression. This includes learning the basic scales and notes through practice and catchy warm ups. Students will learn a variety of music styles from classic musicals to contemporary musicals. Throughout the session the students will perform their bits for the rest of the group if they so choose.

Collage

Dena and collage is a terrific match. In our continuing series of classes exploring mixed-media and abstract art work, we are offering a second collage course. Collage is a technique of composing works of art by pasting on one surface numerous materials not usually associated with each other. This class filled up quickly in the first round, so enroll today.

Film History

An arts-oriented class - the objective here is to expose students to the rich history of American cinema, to demonstrate that there is more to film

than action movies and crude humor. Students will learn about lighting and frame composition employed in films before color was the norm, and they will also learn about how editing and musical scores can add to the art of storytelling, plot and conflict. In addition to the "classics," science fiction, drama and even romantic comedies will be examined and discussed.

Mixed Media

Using a variety of mediums (pencil, paint, collage, etc.) participants will create fun & crazy portraits of themselves, friends, and other characters. The Art of Imagination is committed to bringing basic as well as alternative forms of art to our students. This course is an example of both. Join Dena and create beautiful art.

Music Appreciation

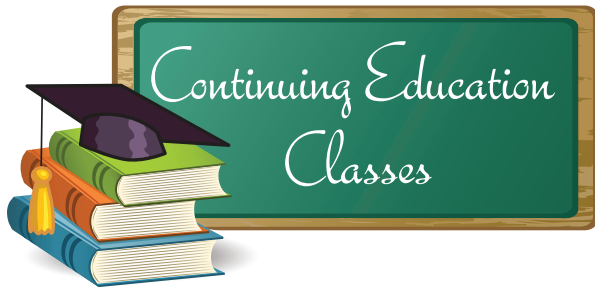
The goal of this class is to primarily examine exclusively American music such as rock, blues, jazz and country and how their collective roots are intertwined with immigrants from the world over. In a way it is a music appreciation class which uses a historical backdrop as its means of demonstrating cultural ties with other nations, primarily Europe and Africa.

Mystery Theater

This class uses a theatrical format to encourage reasoning, contrast and comparison, and summarizing in addition to understanding inference and the difference between fact and opinion, which are skills related to critical thinking and reading comprehension. During class students read through dialogue and plot lines as they improve their reading comprehensions skills mentioned above.

Playwriting

Last season we ran an ongoing course called Write Your Own Play in which a group of students wrote a play together culminating in a rehearsal process and performance at The Rose Theater. It was a big success. This time around we'll focus on short individual projects over a number of sessions with a theater festival-style showcase in the end. Strong reading and writing skills required.



Career Planning

Career Exploration

In addition to classroom discussions aimed at career exploration and what students want to do as a profession, teachers in this class also take students out in the community to observe jobs they may want to pursue. For example, there are several hospitals in our near vicinity. Teachers and students will physically observe and journal about possible vocations they could pursue in a hospital or even a shopping mall.

Career Management

For students who are planning for an independent, community based lifestyle, this class goes into great detail outlining the dynamics of knowing one's self and setting goals. Exploring a variety of careers and how to maintain a positive career are discussed.

Job Smarts

Job Smarts is a class for learners at all levels. A teacher uses activities and discussions that break down the process of finding, securing and maintaining a job into a simple and easy-to-understand 12 step process.

Communication / Language Arts

Expressions

Expressions teaches students about the art of expressing themselves clearly and assertively. It challenges students to recognize their frustrations and encourages them to share their feelings with the appropriate people: close friends, family and therapists as opposed to co-workers, supervisors and acquaintances. The class also teaches students the issues that can evolve when they do not properly express themselves and "bottle it up" so to speak: stress, emotional outbursts and situations at work that may cost them their job.

Independent Living Skills

Beginning Cooking

Many of the students enrolled in our program have never made meals and/or snacks for themselves. The basics of preparing, eating and storing meals are explored here. In some cases it may be as simple as preparing noodles and covering them properly for later use in the following days. Students are also taught about cleaning their materials for cooking and keeping a microwave clean.

Budgeting

The goal of this course is to start with basic math in an effort to help students develop an understanding of how important managing a simple budget can be, why it's crucial to independent living. Even if it is as simple as stretching a 20 dollar bill over the course of a few days for recreational use, or if it's more complicated (managing a \$500 paycheck for one month), the objective is the same in that we want to help students develop a comfort level with managing money.

Community Access

The objective of this class is to make students aware of the cultural, societal and recreational opportunities surrounding them in their community. In addition to visiting malls and museums, students will also learn the significance of behaving maturely and professionally even in places that are naturally more casual although public. It is hoped that students will have a greater understanding of their community and what it has to offer after taking this class.

Healthy Cooking

Burgers and pizza are popular but with the right guidance students can learn to enjoy the pizzazz of a great salad, and the original and creative flavors they can create with foods that aren't full of unnecessary calories and fats. The instructor in this class will help students identify the items that can go into food that are both healthy and tasty!



Continuing Education Classes

Independent Living Skills - Continued

Social Networking Safety

The advent and popularity of social networking in recent years inspired what we felt was the necessity of offering a class based on how to safely participate in, and navigate through, social networks on the internet such as facebook, twitter and MySpace. Students learn about privacy and how to protect themselves from people and organizations that may have an interest in taking advantage of them. In many ways the instructor will demonstrate for students the qualities to seek in new friends.

Math

Fun with Math

This class offers a new and exciting way to view math. Students will learn new and easier ways to solve math problems; and they will learn new strategies on ways to multiply, divide, add and subtract. When finished with this class, students will impress their friends and teachers and parents with the new techniques they have learned. They will also learn a few simple math tricks to mystify their family and friends.

Personal Growth & Development

Anger Management

Students are taught how to recognize and define the "triggers" in their life and personal relationships that frustrate them. In addition to calming techniques such as deep breathing, students are encouraged to examine the characteristics in other people that are to be avoided. This course also teaches about developing healthy friendships and maintaining professional relationships at work.

Circles I & II

This class will focus on relationships with family, friends, acquaintances, and community helpers. This class will also define strangers; and the stages of a relationship from stranger to friendship or to boyfriend/girlfriend relationship.

Critical Thinking

Students will build comprehension and critical thinking skills related to predicting outcomes and drawing conclusions. Students will also learn about inferences and contrasting concepts, understanding analogies, using logic and using abstract ideas to form concrete knowledge. The light-hearted text keeps this class very interesting!

Nutrition

As in Physical Education, a healthy routine is encouraged and discussed in this class. Students learn about the self-confidence that comes with a nutritious routine. Students will keep a journal of what they are eating throughout the week and how that relates to the Standardized Food Chart and why it is important to follow. Basically, students are taught how to recognize and take on a balanced diet meant to support good health and nutrition.

Physical Education

Students are encouraged to develop a healthy and active routine in their daily life here. Inactivity and unhealthy food choices can lead to obesity and health issues. The importance of physical activity is emphasized here, in addition to healthy eating concepts and activities that can be done socially - with friends and family - that involve exercise and fitness.

Positively

Students learn about positive role models and healthy friendships in this class. Mainly through activities and group discussions, students examine the social skills involved with making and maintaining friendships. They learn how to join conversations and how to be an active listener.

Social Skills for Real Life

A ready-to-use curriculum based on real-life situations to help students build self-esteem, self-control, a sense of personal responsibility and respect for the rights of others. Designed for mid-level readers, the text offers students and teachers a model to rehearse behaviors with students. Some activities are designed for students to practice independently outside of class.



Continuing Education Classes

Personal Growth & Development - Continued

Women's Health

A variety of important topics related to women's health are examined here. Sexuality, feminine hygiene, relationships and pregnancy are explored. Taught by a woman, the class aims to help female students develop skills related to dating: the kind of touching that is okay; who to date; the qualities to look for; and how to recognize others who seek to take advantage of people.

Reading

Book Club

In Book Club teachers take students out in the community to locate books from bookstores, libraries and thrift stores to read collectively and discuss in class. In addition to the development of their reading comprehension skills, students also improve their social skills by interacting with others as they discuss the books they read.

Celebrity Reading

Basic level readers develop their reading comprehension skills reviewing narratives and having discussions about famous people like Michael Jordan, Matt Damon and Madonna.

Daily Reading

This is a new class that meets Monday through Friday and is designed for readers who need daily consistency in their efforts to improve their skills which include the basics of letter blends and phonics in addition to summarizing, comparing and drawing conclusions from the material read in class. Its intent is to provide readers a "fresh" start to learning, which is why it is offered during the first period every day of the week.

High-Interest Nonfiction Reading

Subjects including creatures of the earth and sea, inventors and inventions, hidden treasures and real life mysteries keep students interested as they build reading comprehension skills through preview words, writing sentences, answering literal questions and extended research activities. The narratives are designed for moderately advanced readers (3.0 - 4.5).

Science

Daily Chemistry

A new offering, this class explores the basics of chemistry. What is a chemical; acids and bases; chemical reactions; elements; the structure of atoms and how this relates to our daily lives is examined here. With the teacher students will perform occasional experiments and demonstrations that show how the subject of chemistry exists within their daily lives.

Hands-on Science

This exciting subject including rocks and minerals, insects, deserts, weather, dinosaurs, landforms, space exploration and ocean life is to engage students with a moderate reading level. Hands-on activities will supplement the reading.

Social Studies

Culture And Society

Students explore the nature of globalization and its effects on cultures throughout the world. It covers global diseases, international languages and tourism and human rights issues. Comprised of reading passages, student activities and other resources, its intention is to help students understand their current international surroundings.

Daily Geography

This geography course (5.0 reading level) uses maps and narratives related to culture, history and location to give students a better understanding of basic national geography.

Pop Culture

A class that will likely be very popular with students, the objective here is to help the people who attend our classes to develop their reading comprehension and deduction skills by exploring people and topics that are – in a way – not unlike the subjects People magazine covers. The course uses high interest subjects to maintain student curiosity and, hopefully, a growing interest in reading so that they can independently learn and read about the subjects and famous people important to them.

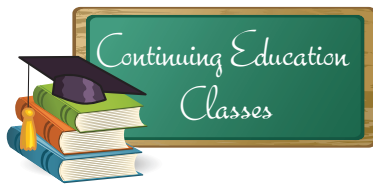
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**Please contact
Jackie Six-Lamoureux to
enroll in classes. She can be
reached at:
jsix@olliewebbinc.org or
(402) 342-4418, ext. 19.**

Enrollment and General Information



Join us for our Winter/Spring
Continuing Education Session!

Most classes are offered at the Ollie Webb Center, unless otherwise specified. In particular, several Art of Imagination and computer classes are provided off-site. Arrangements are made throughout the day to transport students to and from

classes (if necessary) once they have arrived at our center. If enrolling for an offsite class *only*, then the student would use their typical mode of transportation to and from that class.

As noted on page one, we have added an asterisk next to the classes that are offered more than once throughout this session. If you are torn between two classes during a particular time period; this will notify you of the possibility that one of the classes may be offered at another time, allowing you to

sign up for both classes if it fits into your schedule.

**Please sign up
early, as classes
can fill very
quickly.**

**Registration
Deadline:
December 16, 2011**